

The musician within you: reconnecting yourself



Session Summary

From making beats in his bedroom to performing at Wembley, Shammi will share his musical journey through story telling, audio and performance with details on music, its philosophical nature and the music industry.

Shammi will also delve into music education and culture and aims to dispel beliefs that some people are simply not musical. Through participation Shammi aims to show that in fact everybody is musical, some have simply forgotten or have been nurtured away.

Through participating in this session you can reconnect with your inner musician and enjoy the array of benefits music brings.

Bring an instrument if you play one, if you don't we'll use the one nature provided!

Biography

Having charted at no.1 in the iTunes World Music chart twice with two albums, Shammi Pithia is building a solid name for himself as a creative composer and producer. Along with his band, Shammi has been performing around the world for the past 8 years with appearances at Glastonbury Festival, Wembely Stadium and sold-out solo shows at Londons Southbank Centre.

Shammi's music can also be found on TV having had music synced to BBC's *Rick Stein's India*, *Panorama* and *Saturday Kitchen* and MTV's *Teen Cribs* to name just a few. In addition to studio work Shammi is a keen collaborator, writing and performing music for dance in the kathak, ballet and contemporary fields and most recently film.

Running in parallel to his music career is a longstanding commitment to music education for all. Shammi has been running specialist music programs and sessions for over a decade with work covering primary school through to senior citizens, vulnerable citizens, people who have experienced the criminal justice system and immigration removal centers.

www.shammipithia.com